Mathematics. Measuring. Using measuring cups and spoons to measure ingredients to make Fried Rice.



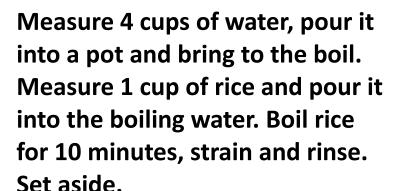


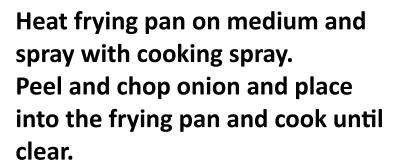












Add 150 grams of shredded ham or others meat and heat through. Add 4 eggs and chop into pieces using egg lifter when cooked. Measure 2 cups of mixed vegetables, add to frying pan and stir.

Add rice to frying pan and stir. Measure 1 tablespoon of soy sauce and stir. (optional: add extra soy sauce to taste)
Serve hot.

























