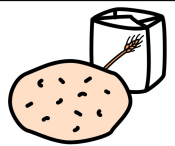


Ham and Salad Wrap



Ingredients

wrap



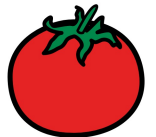
lettuce



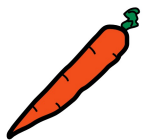
ham



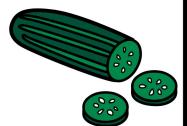
tomato



carrot



cucumber



avocado

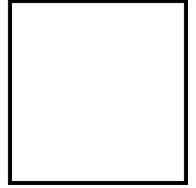


salt and pepper

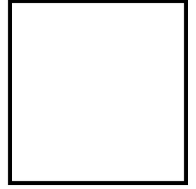
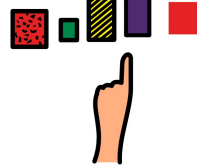


Directions

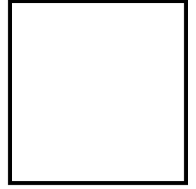
Wash your hands.



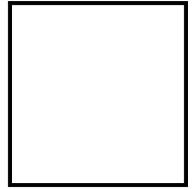
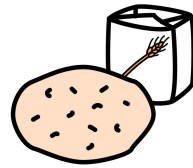
Choose your fillings



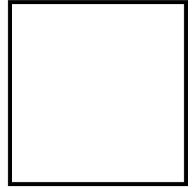
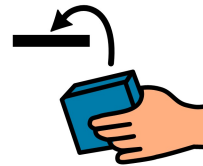
Grate or finely cut vegetables.



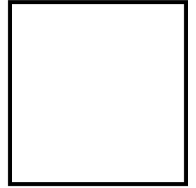
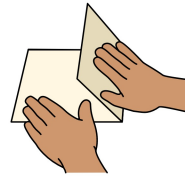
Lay your wrap out flat



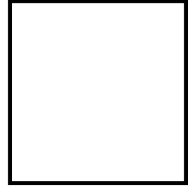
Put the fillings on your wrap

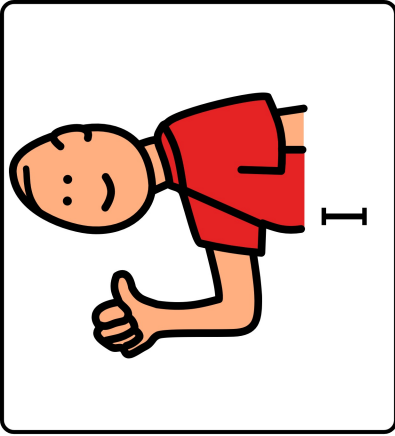


Fold your wrap.

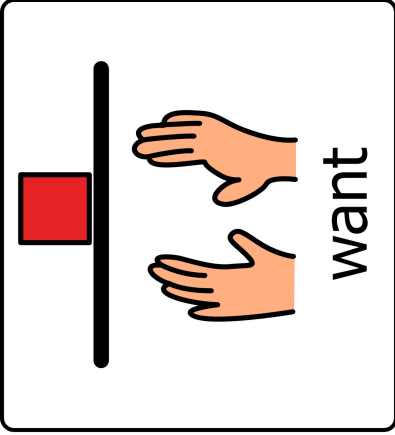


Enjoy!

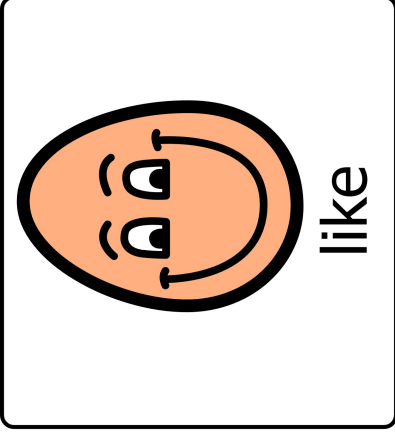




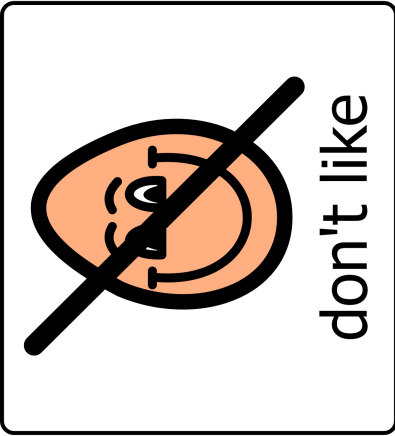
I



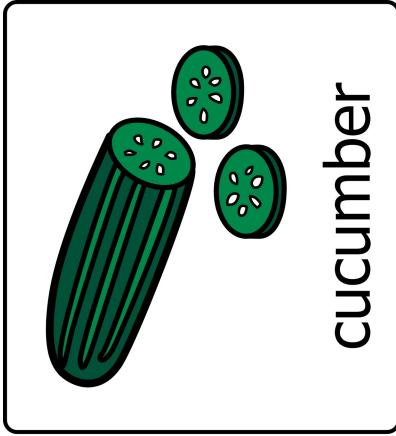
want



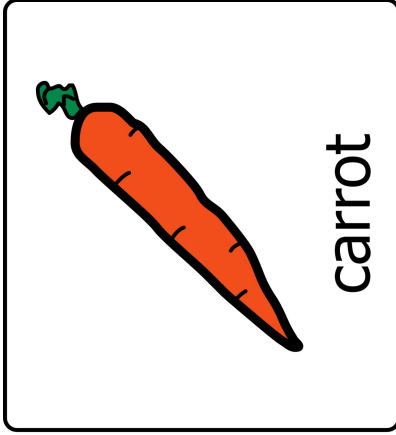
like



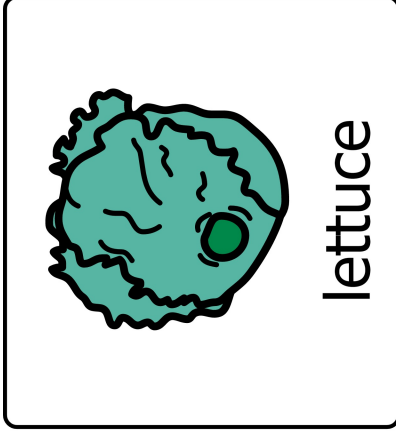
don't like



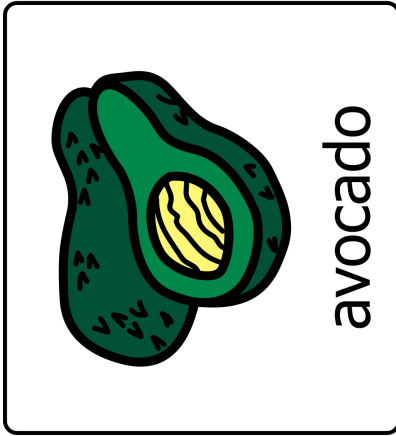
cucumber



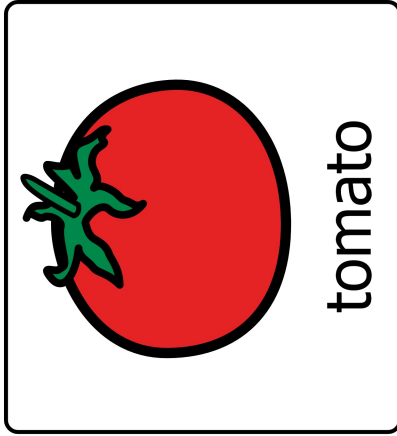
carrot



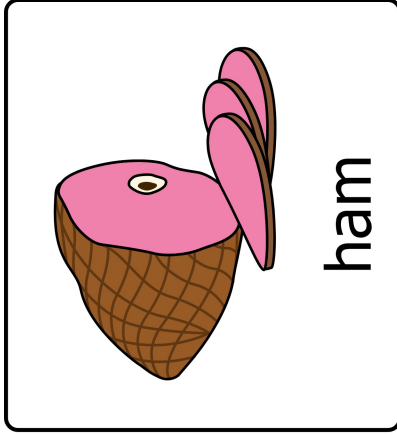
lettuce



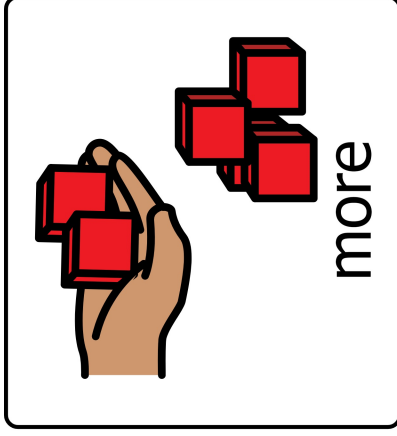
avocado



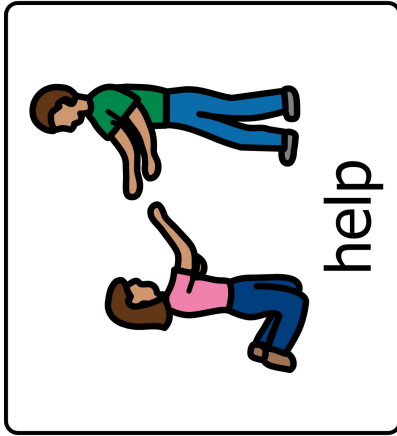
tomato



ham



more

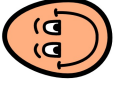


help

Sorting

Sort the items by group.

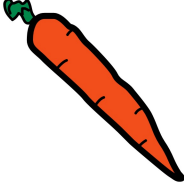

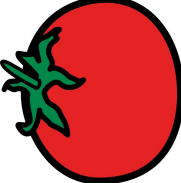

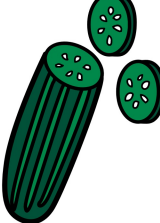
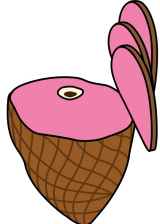
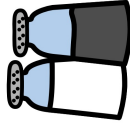
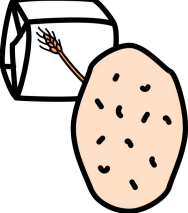
Like



Don't like



Cut out the items below.

 <p>carrot</p>	 <p>lettuce</p>	 <p>tomato</p>	 <p>avocado</p>
 <p>cucumber</p>	 <p>ham</p>	 <p>salt and pepper</p>	 <p>wrap</p>