

Fruit Sorbet



Ingredients

Choose 3 1/2 cups of fruit

mango



peach



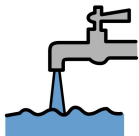
raspberries



watermelon



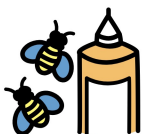
1/4 cup water



1 teaspoon lemon
juice

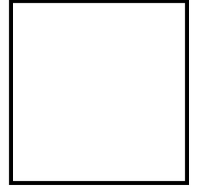


1 Tablespoon honey

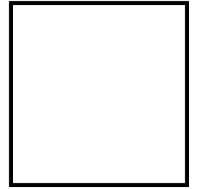
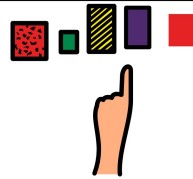


Directions

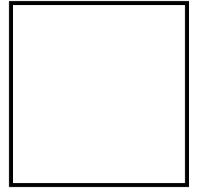
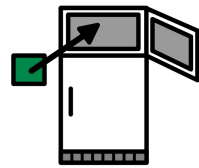
Wash your hands.



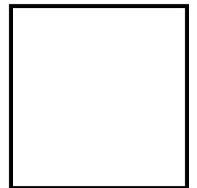
Choose your fruit. Cut into small pieces.



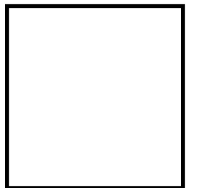
Put fruit in the freezer overnight



Wash your hands.



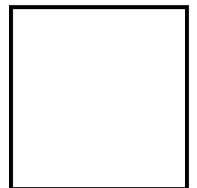
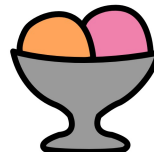
Add all ingredients to blender. Blend until smooth.

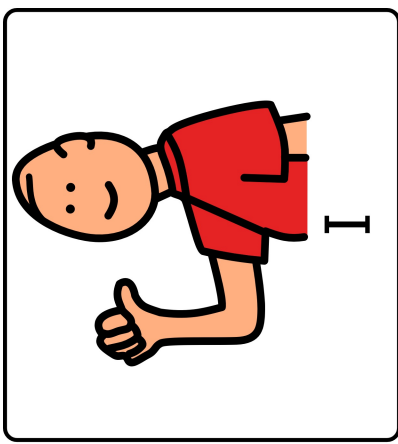


Scoop into a bowl.

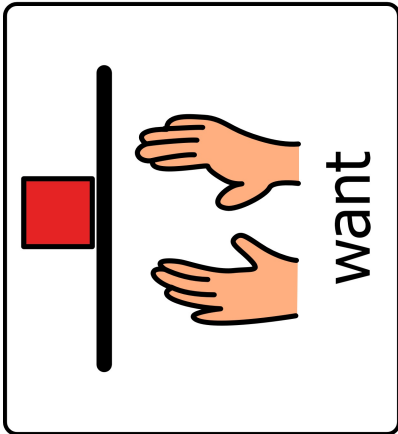


Enjoy.

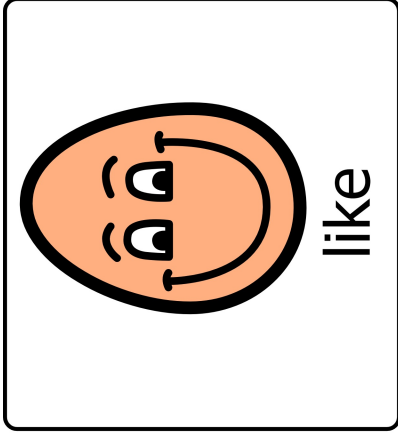




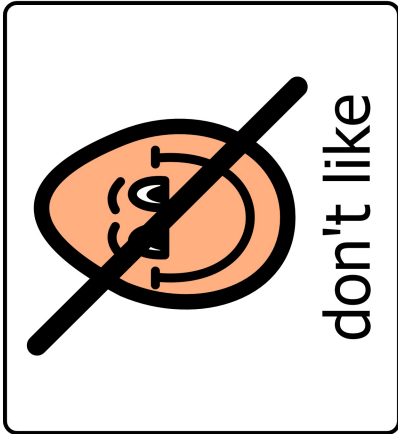
I



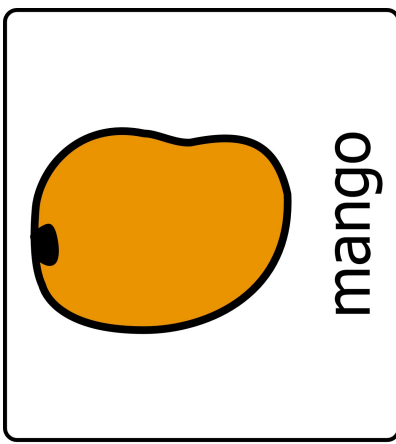
want



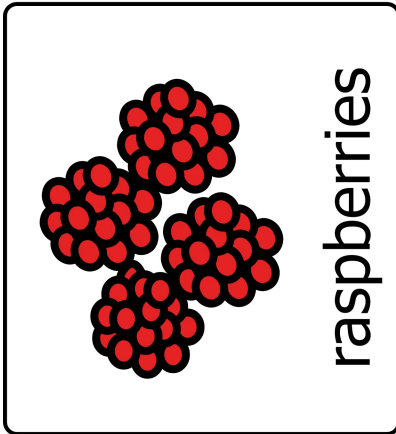
like



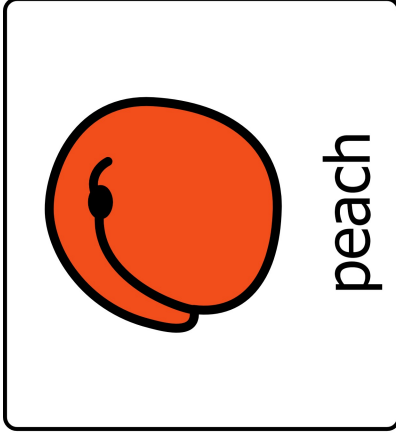
don't like



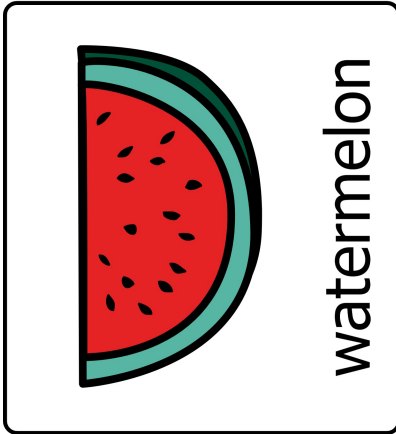
mango



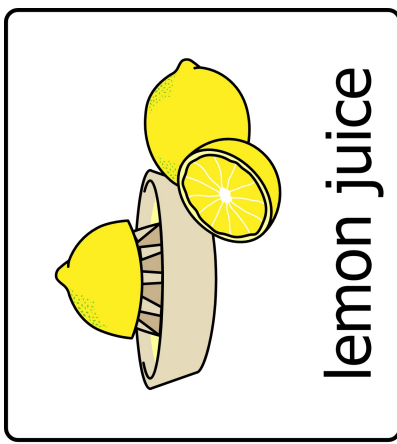
raspberries



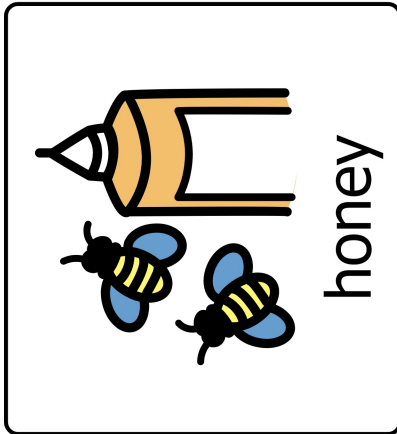
peach



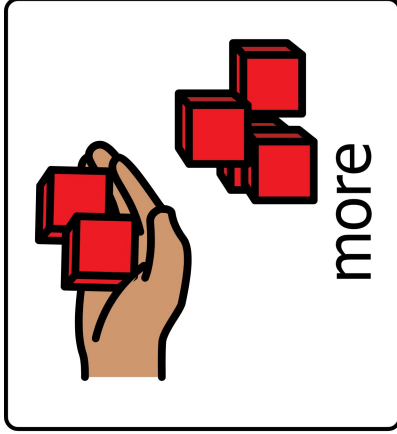
watermelon



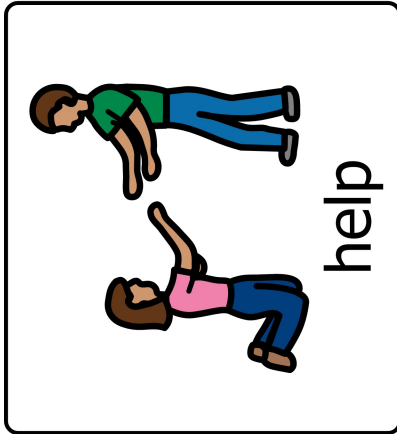
lemon juice



honey



more

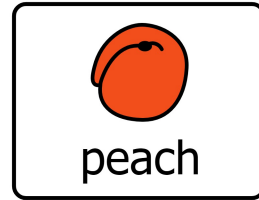
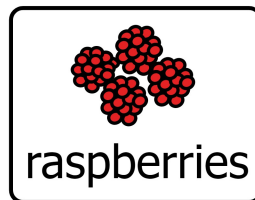
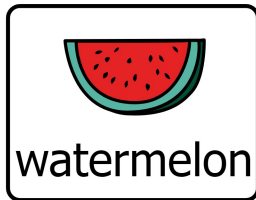
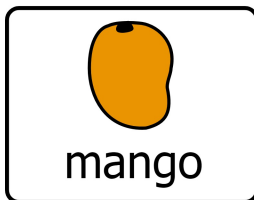


help

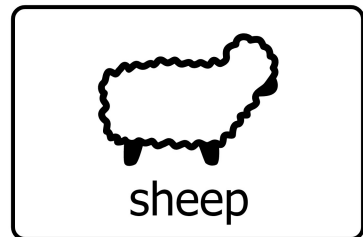
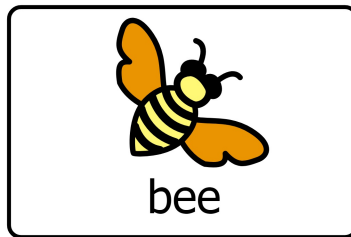
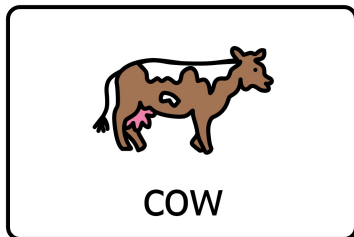
Name: _____

Circle your answer.

1. What did you put in your sorbet?



2. Where does honey come from?



3. Did you like your sorbet?

