

really  
Are they OK?

Ask them  
today

**BUNTING**

really  
Are they OK?  
Ask them  
today

RUOK?

RUOK? DAY™

really  
Are they OK?  
Ask them  
today

RUOK?



really  
Are they OK?  
Ask them  
today

RUOK? DAY™

really  
Are they OK?  
Ask them  
today



Learn how to ask at  
[ruok.org.au](http://ruok.org.au)

**RUOK?**™

A conversation could change a life.



Ask them  
today



Fold

Fold



Ask them  
today



RUOK? RUOK?

Fold

Fold

Learn how to ask at  
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**RUOK?**<sup>TM</sup>  
A conversation could change a life.



Ask them today



RUOK? DAY™

Fold

Fold

RUOK? DAY™



Ask them today

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RUOK?™

A conversation could change a life.



Fold  
Fold



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Fold

Fold



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Ask them  
today



Fold

Fold



Ask them  
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RUOK? RUOK?

Fold

Fold

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Ask them  
today



9 September 2021

**RUOK? DAY**<sup>TM</sup>

Fold

Fold

**RUOK? DAY**<sup>TM</sup>



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today

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A conversation could change a life.



Fold  
Fold

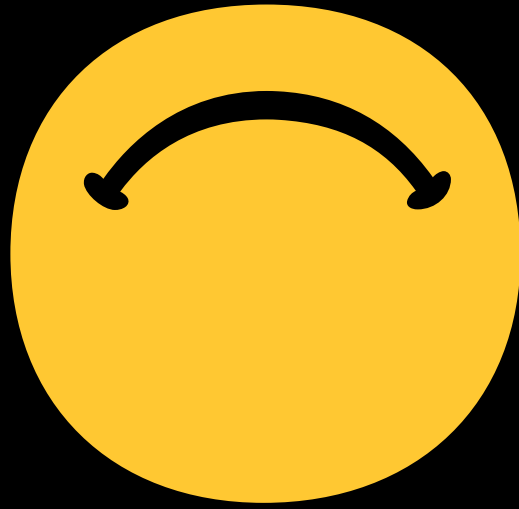


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A conversation could change a life.



Fold  
Fold



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**RUOK?**<sup>TM</sup>  
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Ask them  
today

Are they OK?  
*really*

Fold

Fold

*really*  
Are they OK?

Ask them  
today



RUOK? RUOK?

Fold

Fold

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Ask them  
today  
Are they CK?  
*really*

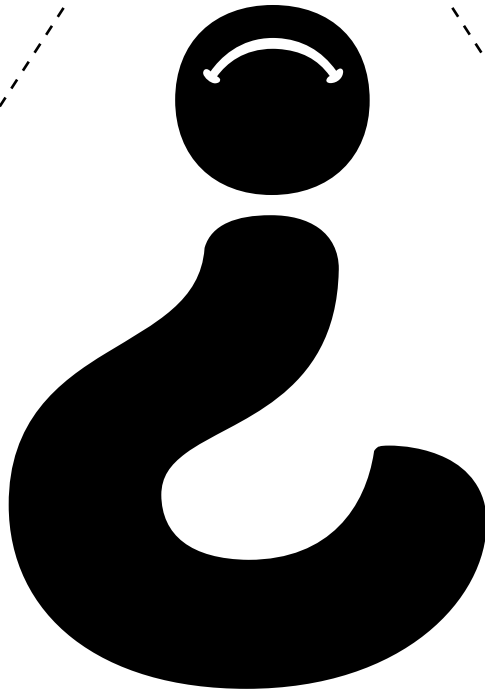
RU OK? DAY™

Fold

Fold

RU OK? DAY™

*really*  
Are they CK?  
Ask them  
today



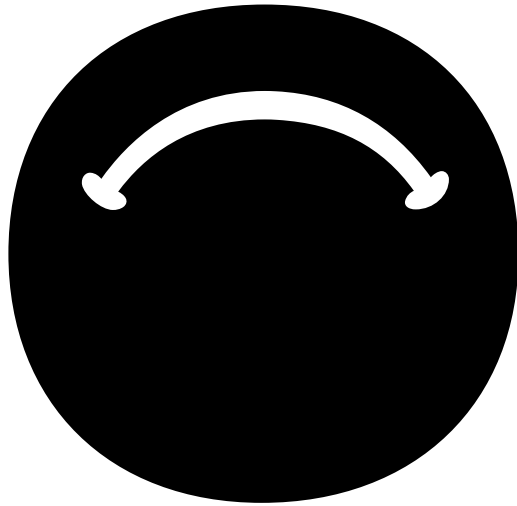
Fold

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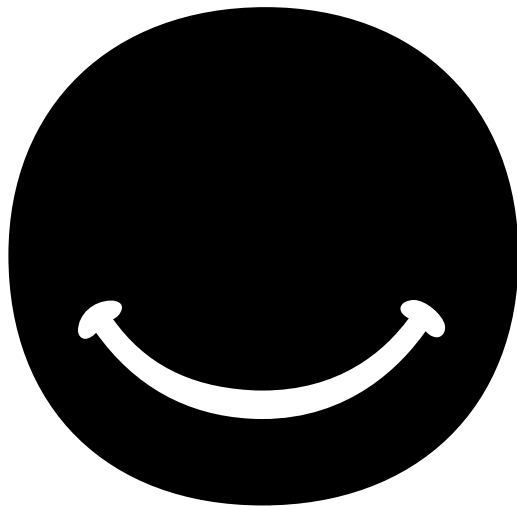
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Fold

Fold



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