

Storing food in the fridge

Why is it important to store food in the fridge?

It is important to store food in the fridge because:

- Food needs to be kept cool.
- Food should be stored in a clean place.
- The fridge has different areas for storing different foods.

These are the things you will need to know:

There are many different types of fridges. They have a cold section and a frozen section. The frozen section is called the freezer.



There are different shelves and drawers in the fridge.



Where to store food in the fridge:

1. Look inside your fridge. You might find it has labels on the door or the drawers. The labels might be words or pictures. The labels will tell you how to use your fridge and where to put food.



2. The top shelf is good for storing butter, cheese and yoghurt.



3. The middle shelf is good for storing fish, cooked meats, eggs, soft cheese, cream and yoghurt.



4. The lower shelf is good for storing raw meat, milk and chicken.



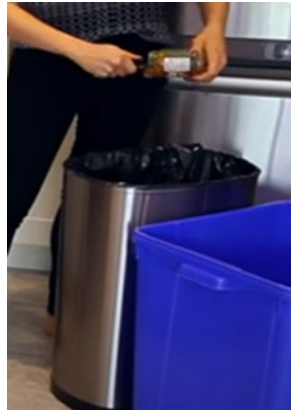
5. The drawers are good for storing fruits and vegetables.



6. The doors are good for storing juice, soda, sauce, cheese, eggs and butter.



7. Throw out food that is old or has mould on it.



8. Wipe the bottom of bottles and jars.



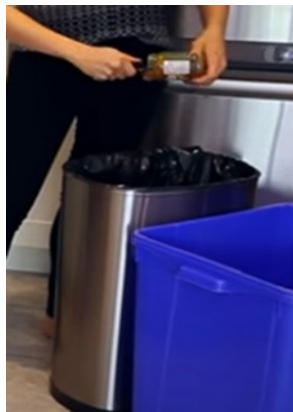
9. Put everything neatly back in the fridge.



Storing food in the fridge visual procedure

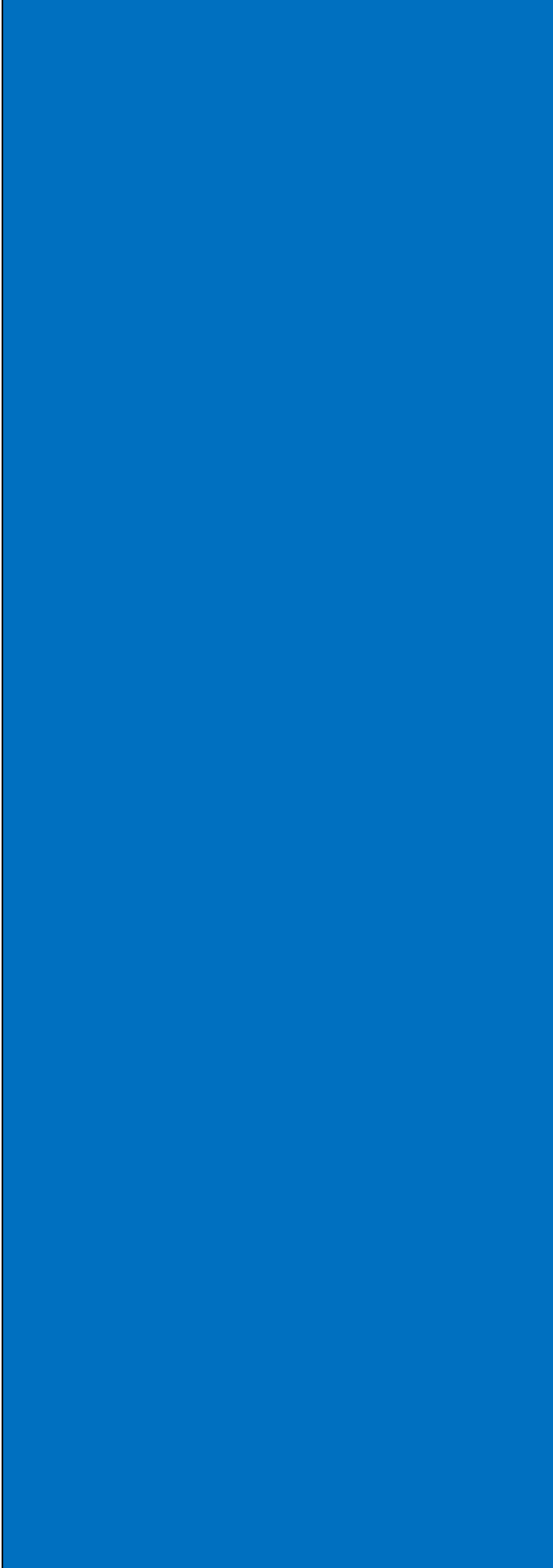




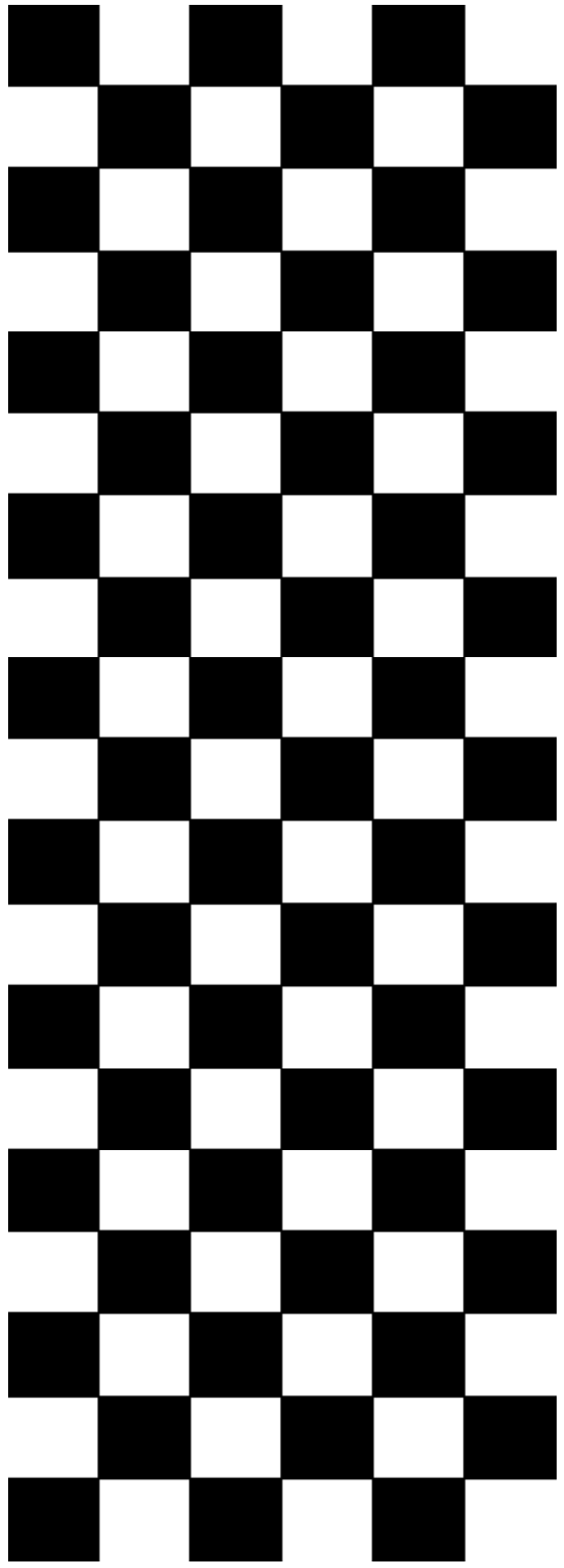




Put visuals on this side in sequence.



Put visuals on this side when task completed.



Storing food in the fridge

Please read to the student and then match the picture:

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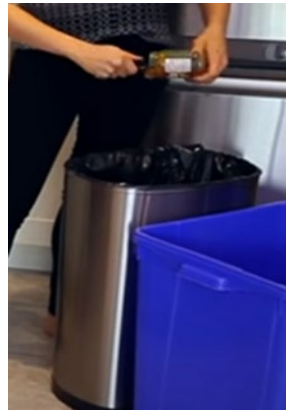
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8. Wipe the bottom of bottles and jars.



9. Put everything neatly back into the fridge.



Storing food in the fridge

Tick when complete.



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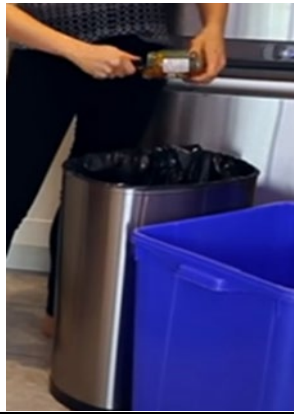
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