



theOrb

Towards Independence Meal Preparation and Cooking: Introduction

Section C: Food storage



ASDAN links:

Towards Independence – Meal Preparation and Cooking: Introduction (TISM54) Section C: Food storage, Activity 1

Skills development:

- Self Management
- Communication

Towards Independence

Meal Preparation and Cooking: Introduction

Section C: Food storage

Learner name:

Date:

The fridge

Show foods you would store in the fridge.



Milk



Salad



Baked beans



Fresh meat



Flour



Cheese



Ice cream

Other:

Towards Independence

Meal Preparation and Cooking: Introduction

Section C: Food storage

Learner name:

Date:

The freezer

Show foods you would store in the freezer.



Ice cream



Eggs



Bananas



Frozen peas



Fish fingers



Frozen fruit



Flour

Other:

Towards Independence

Meal Preparation and Cooking: Introduction

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Learner name:


Date:

The cupboard

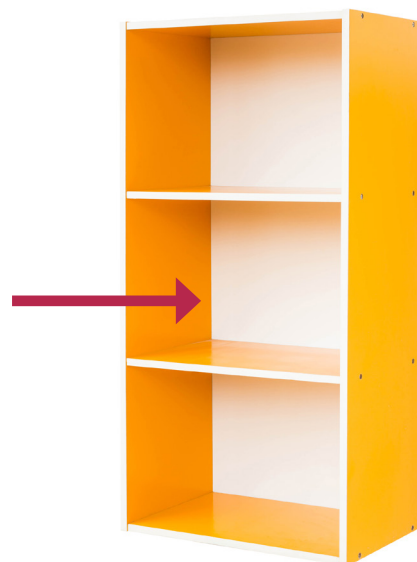
Show foods you would store in the cupboard.



Frozen peas




Dried spices




Flour




Milk



Dried pasta



Baked beans



Eggs

Other: