

## Kitchen Skills – Washing the dishes

### Why is it important to wash the dishes?

It is important to wash the dishes because;

- They will get dirty.
- They will start to smell.
- It is part of good housekeeping.
- It helps stop the spread of disease and infections.

### Washing dishes.

When we talk about washing the dishes we are talking about all the plates, cups, bowls, spoons and forks we use everyday to eat our food.

Dirty dishes have crumbs and sauce and bits of food from all our food.



Clean dishes are ready to use for next time we have food.



What you will need: cloths, detergent, washing up brush and dish rack.



## How to wash the dishes:

1. Scrape any food into the bin.



2. Make sure your sink is clean then add some detergent and fill with warm water.



3. Put the knives, forks and spoons in the sink to soak.



4. Wash the glasses and cups with the cloth.



5. Rinse the cups with some water.



6. Put the cups upside down in the dish rack.



7. Wash the knives, forks and spoons with the washing up brush.



8. Rinse the knives, forks and spoons with some water.



9. Put the knives, forks and spoons in the dish rack.



10. Wash the plates and bowls with the washing up brush.



11. Rinse the plates and bowls with some water.



12. Put the plates and bowls in the dish rack.



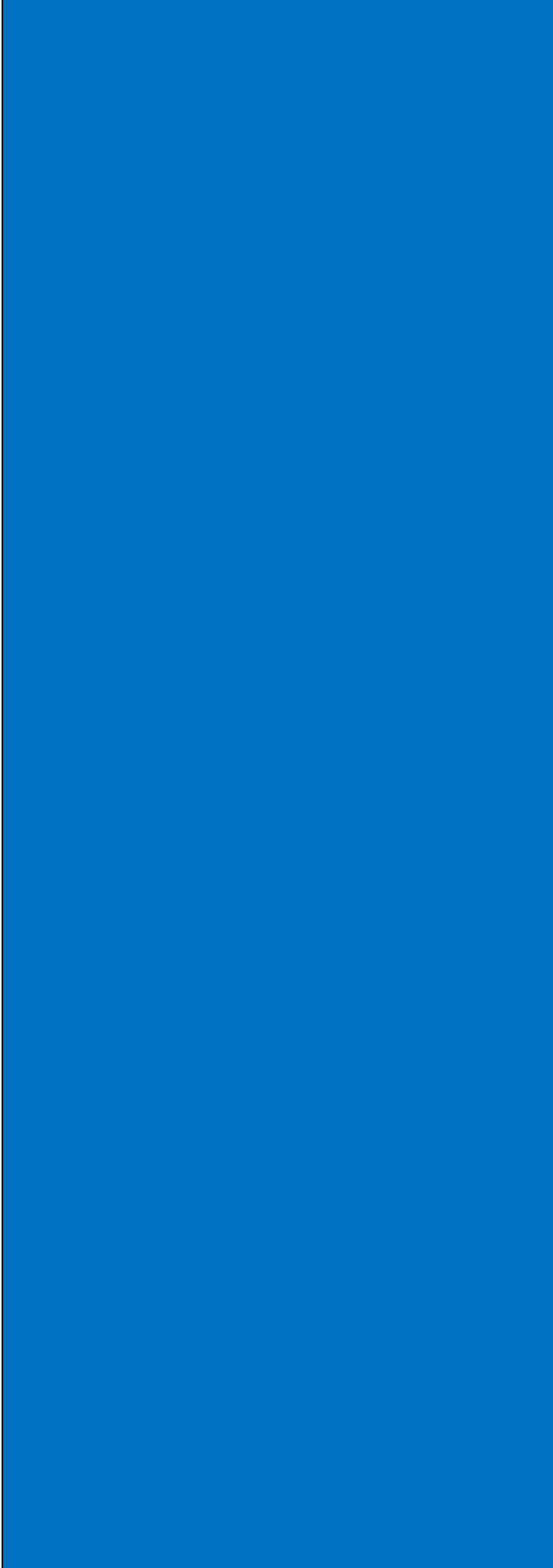
Kitchen Skills – Washing the dishes visual procedure



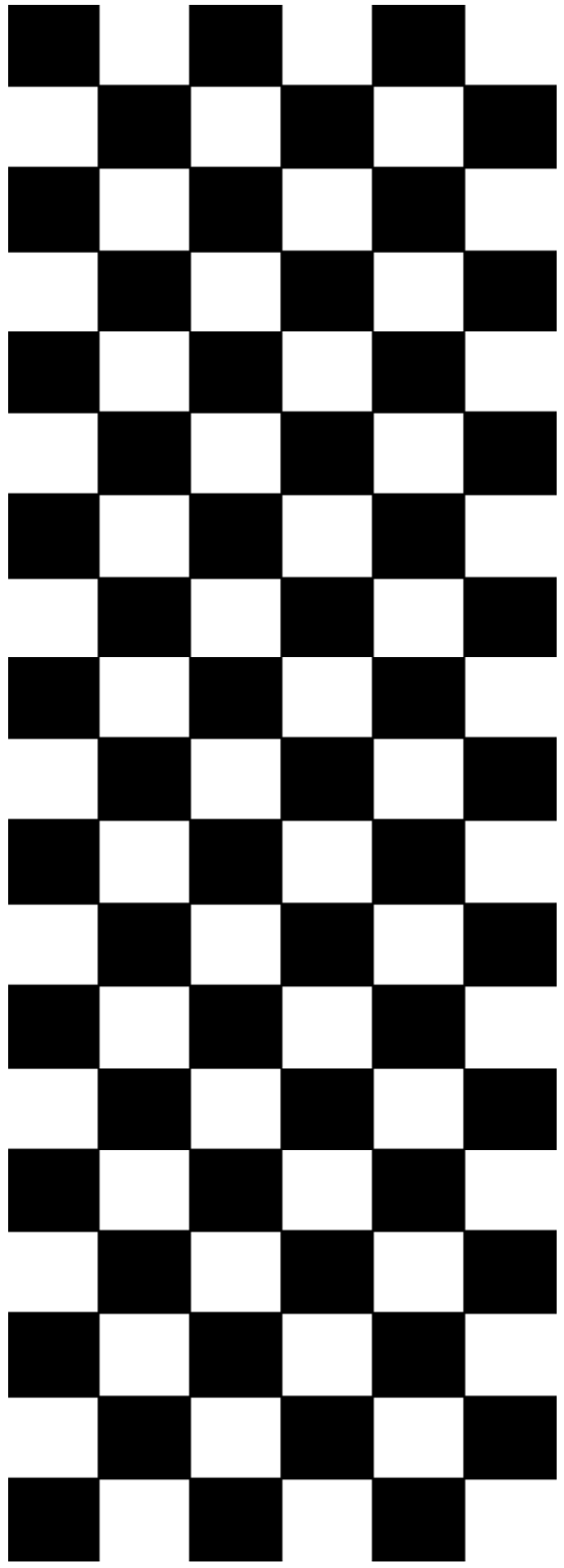




Put visuals on this side in sequence.
















Put visuals on this side when task completed.



# Kitchen Skills – Washing the dishes

Tick when complete.



<p>1. Scrape any food into the bin.</p> 	
<p>2. Make sure your sink is clean then add some detergent and fill with warm water.</p>   	
<p>3. Put the knives, forks and spoons in the sink to soak.</p> 	
<p>4. Wash the glasses and cups with the cloth.</p>  	
<p>5. Rinse the cups with some water.</p> 	
<p>6. Put the cups upside down in the dish rack.</p> 	
<p>7. Wash the knives, forks and spoons with the washing up brush.</p>  	
<p>8. Rinse the knives, forks and spoons with some water.</p> 	
<p>9. Put the knives, forks and spoons in the dish rack.</p> 	



10. Wash the plates and bowls with the washing up brush.



11. Rinse the plates and bowls with some water.



12. Put the plates and bowls in the dish rack.



## Kitchen Skills – Washing the dishes

Colour the girl washing the dishes.

