

Play Dough

Ingredients:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- food colouring (optional)



Instructions:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl.
- Add food colouring to the boiling water then slowly add it into the dry ingredients. Stir until it becomes a sticky, combined dough.
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. If it remains a little sticky then add a touch more flour until just right.
- You can store this play dough in an air tight container in the fridge for at least 6 months.

Ideas:

- improve fine motor skills (roll, pinch, cut, stretch)
- roll into thin sausages and make letters, numbers, shapes
- make objects (people, animals, pretend food)
- explore (use garlic crusher, potato masher, peeler, cookie cutter, rolling pin)
- create imprints (use coins, buttons, toys, blocks)

