

## PDHPE: Washing Hands

Show student how to wash their hands.

You might like to watch a video such as 'Hand Washing Steps' by John Hopkins Medicine (<https://www.youtube.com/watch?v=lisgnbMfKvI>) or use the attached visuals.

Have student wash their hands.

Complete hand washing sequencing activity.

# Six Steps to Washing Your Hands



# How to Wash Your Hands

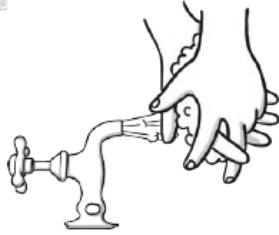
Do you know how to wash your hands? Look carefully at the pictures and then cut and stick them in the correct order.

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Can you tell a friend  
all about how we wash  
our hands?





Wash away the soap bubbles.



Put soap on your hands.



Rinse your hands with water.



Dry your hands.



Rub your hands together.